



## Introducing Align | Your partner in rehabilitation

**We listen. We understand.  
We get you there.**

**As your chosen workplace  
rehabilitation provider,  
Align has experience and  
the expertise to help in  
many ways.**

- Finding suitable duties for your return
- A return to work plan that's right for you
- Help with workplace and interpersonal pressures
- Job seeking assistance if you can't return to your previous job

We will consult with your doctor, treatment providers, employers, your WorkCover insurer, and mostly importantly – you. We want your recovery to be as easy as possible.



**Remember, you can choose your  
rehab provider.**

Anyone can refer to a Workplace Rehabilitation Provider, including the worker themselves. For services to proceed, the WorkCover approved agent or insurer must approve proposed services, so after your referral we'll take the time to organise this.

**The support you need.**

By addressing the issues affecting your return to work, you can focus on your recovery and get better faster.

**Why choose Align?**

**At Align, we take the time.**

We meet with our clients, face to face. We'll listen so we can understand your unique situation, and then we tailor a program to match.

**We're trusted rehabilitation experts.**

We provide education about the best way to return to work safely, and we can help you with either return to work planning or finding a new job.

**Remember, we're here for you.**

If you have any questions about rehabilitation, please don't hesitate to call us on 02 6023 4644 or by emailing [admin@alignworkhealth.com.au](mailto:admin@alignworkhealth.com.au) [alignworkhealth.com.au](http://alignworkhealth.com.au)

**We're local and independent.**

We genuinely care about our community. We're here to make a difference for people with work related injuries in our region.

**A highly trained team.**

All of our members are physiotherapists, occupational therapists or Bachelor of Health science graduates.

**Questions? We have answers**

**Who pays us?**

Just like your doctor (and physiotherapist, chiropractor, psychologist, etc, if you're undergoing treatment), your employer's workers compensation insurer pays us.

**Do I have a choice of rehabilitation  
provider and can I change?**

Yes. You can request Align as your provider even if your insurer or employer suggests someone else. Just as you have a choice of any health professional, you can choose your provider to assist and plan your return to work. The number of choices may vary in each state, but the choice remains yours.